


FEBRUARY 2020

ADSS NUTRITION PROGRAM

WINTER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Menu 6</u> Orange Juice Three Bean & Beef Chili Brown Rice Carrots Salline Crackers (4 crackers) Nutty Buddy Milk Margarine</p>	<p><u>Menu 7</u> Seasoned Chicken Thigh Diced Potatoes with Bell Peppers Zucchini & Stewed Tomatoes Whole Wheat Bread Peaches Yellow Cake Milk Margarine</p>	<p><u>Menu 8</u> Ham Macaroni and Cheese Turnip Greens Black-eyed Peas Cornbread Pineapple Sugar Cookie Milk/Buttermilk Margarine</p>	<p><u>Menu 9</u> Broiled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Apple Cobbler Milk/Chocolate Milk Mayonnaise/Mustard/Ketchup</p>	<p><u>Menu 10</u> Blended Fruit Juice Apple Glazed Chicken Breast Scalloped Potatoes Italian Flat Beans Wheat Bread Fudge Round Milk Margarine</p>
<p><u>Menu 11</u> Orange- Pineapple Juice Chicken and Rice Casserole Rutabaga Mixed Vegetables Dinner Roll White Cake Milk Margarine</p>	<p><u>Menu 12</u> Orange Juice Sausage Patties (2) Cheese Grits Cranberry Applesauce Biscuit Waffle Grahams Milk/Chocolate Margarine</p>	<p><u>Menu 13</u> Beef Tacos Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Pinto Beans Corn Tortilla Scoops Mandarin Oranges Milk Taco Sauce/ Sour Cream</p>	<p><u>Menu 14</u> Beef Hot Dog/Bun Baked Beans Cole Slaw Potato Chips Onion Peach Cobbler Milk Mayonnaise/Mustard/Ketchup</p>	<p><u>Menu 15</u> Grape Juice Sliced Meatloaf/Onion Gravy Red Beans and Rice Collard Greens Cornbread Vanilla Pudding Milk/Buttermilk Margarine</p>
	<p><u>Menu 17</u> Cacciatore Chicken Breast Garlic Mashed Potatoes Buttered Spinach Wheat Bread Rice Krispy Treat Fresh Fruit Milk Margarine</p>	<p><u>Menu 18</u> Beef Stroganoff Italian Flat Beans Squash Medley Dinner Roll Peaches and Pears Chocolate Chip Cookie Milk/Chocolate Margarine</p>	<p><u>Menu 19</u> Blended Juice Turkey Tetrazzini California Blend Vegetables Wheat Bread Fresh Fruit Lemon Pudding Milk Margarine</p>	<p><u>Menu 20</u> Orange-Pineapple Juice Seasoned Chicken Drum Mixed Greens Creamed Corn Cornbread Chocolate Cake Milk/Buttermilk Margarine</p>
<p><u>Menu 1</u> Pork Chop Patty/Mushroom Gravy Roasted Butternut Squash Black-eyed Peas Fresh Fruit Wheat Bread Apple Spice Cookie Milk Margarine</p>	<p><u>Menu 2</u> Orange Juice Vegetable Stew Parslied Rice Steamed Cabbage Wheat Bread Strawberry Fruited Gelatin Milk Margarine</p>	<p><u>Menu 3</u> Apple Juice Sliced Ham (2 slices) Parsley Potatoes Collard Greens Cornbread Oatmeal Crème Pie Milk/Buttermilk Margarine</p>	<p><u>Menu 4</u> BBQ Chicken/Bun Yellow Corn Diced Sweet Potatoes Applesauce Animal Crackers Milk/Chocolate</p>	<p><u>Menu 5</u> Grape Juice Meatballs (5 each)/Marinara Sauce Spaghetti Noodles with Marinara Sauce Steamed Green Peas Texas Bread White Cake Milk Margarine</p>

